



Newsletter July 2018 edition

Dear Power of 1000 Donor

A warm welcome to our July 2018 edition of the Power of 1000 newsletter – once again your generosity has allowed us to make a difference to the lives of Lenz High learners. Whilst many were trying to keep warm, we were kept really busy with two exciting events: Lenz High Careers Day and Gavin Sharples - inspiring and motivating Grade 12s.

Monday 23rd July saw learners from all grades being given the opportunity to interact with and learn more about the 20 diverse institutions who showcased their offerings. Learners were given a flavour of the exciting opportunities in the world of study and work. Board members Urvashi Bhika and Mumtaz Khan worked hard alongside other members to create an opportunity for learners to get answers from practitioners and service-providers – career guidance from those who are in the field.

The school hall was transformed into an exhibition space – with everything from gaming, to fashion, artisan schools to the very popular stands hosted by JMPD and EMS. Lenz High students were in awe of the potential career opportunities in the emergency medical and policing fields.



The established public universities do not have sufficient space to meet the increasing demand for higher education. Consequently, many students are not in education or employment. The Lenz High Careers Day introduced learners to alternative vendors in the higher education space.

The College of Digital photography, generously donated a photography course valued at R4, 800.00. There was keen interest and many entered to be considered for this fantastic prize. We will keep you updated about the winner of this awesome opportunity.



The Power of 1000 team hopes to build on this initiative and grow this into an annual event and broaden the exhibitor base to provide alternative career ideas to empower the youth.

Following on from the event Johannesburg Emergency Management Services have offered to do a course for all teachers on basic first aid and safety – this will be hosted at the school on the 7th August. Thereafter it will be rolled out to students who have an interest in being first aid support.

'The Power of 1000' is grateful to Principal Ms Hawa Bibi Munshi for her continuous support of its initiatives.

Hot on the heels of the Career's Day, renowned inspirational speaker – Mr Gavin Sharples gave a final dose of motivation to the matriculants in his hallmark style characterized by wit and humour. Wednesday 1st August, coming just before the trial examinations was an ideal opportunity for learners to be reminded of the need to follow their unique calling and to know themselves. In a light-hearted manner, Gavin covered serious issues – including the need for hard work, self-confidence and a positive attitude as important skills not only for exams but life. In a lively and entertaining presentation, Gavin demonstrated

that tomorrow belongs to them and to be their own brand rather than follow the crowd. This talk was presented free of charge by Gavin as part of his giving back to communities. For more details on Gavin you can visit www.Gavinsharples.co.za

The impact of Gavin's talk was summarized in an email sent to Gavin by one of the pupils after his talk. The Power of 1000 does **not** know the identity of the student as this was confidential with Gavin.

Hi Gavin,

My name is xxx and I'm currently in grade 12. I attend Lenasia Secondary School and today I witnessed one of your presentations.

I do not usually do this, but I have to say that out of all the motivational talks I have attended yours by far is the best. Your enthusiasm and the methods you used to engage with us all was the best pick me up. Lately I have been having a rough time trying to find my motivation. Everything that I have done up until this point was always to please the next person and never myself. I have always had immense amounts of pressure put on me and this lead to me being extremely hard on myself. I found it extremely difficult this past few months to find some sort of happiness and because of this my grades, along with my health began to deteriorate. I was losing hope in everything because I just was not happy and I never had the courage to disobey what my mum wanted me to do in life.

After listening to you today, when I got home I did some serious reflecting and decided that from now I am going to do what makes me happy and not what makes others happy so that they can like me and accept me. I have realised that if I do not say something now and put my goals into action, I will not achieve them and I will never be genuinely happy.

I want to thank you for opening my mind up because if it was not for you I would not have found my motivation.

Thank you for taking your time out to read this.

Kind Regards

Below is also a summary of some of the feedback forms from the students after the talk.

PRESENTATION FEEDBACK ON GAVIN SHARPLES
LENASIA HIGH
 @ SCHOOL PROPERTY



GAVIN IS & ADDITIONAL COMMENTS	
It inspired me and gave me a view of what I want in life. Made me aware to be myself not somebody else	The best presentation – style is unique and very helpful to me
He is very open and versatile. He was just perfect.	Genius. Definitely motivated now
Thanks a lot for your time. Opened up many of our minds. Great job – thanks again	I had a great time – learnt a lot of cool things
I had a great time – I learned a lot and this is the best way to motivate me more	He teaches how to live your life happily and have self confidence about yourself. He is passionate
Very motivational and helpful. It is important to know what matters. Thank you	Different and awesome
Your presentation was amazing. I hope you touch other peoples' lives as you have touched mine today.	He is outrageous and has a great sense of humor. He has taught me a lot and I have really found myself and know where I am heading.
Gavin had me in tears	Inspirational, makes you think. Passionate and relate-able
Useful. Very good and funny	Excellent presentation, very inspiring and engaging
Friendly approach, totally relatable examples. Engaging with audience is brilliant	He is funny, enthusiastic and speaks sense
Extremely motivational and worthy of my time	The first motivational speaker that captured and got all of my attention. Love the way Gavin gets things across to us.

We often box children into molds and make them fit into what we think they should become, often children lose themselves in the process.

I leave you with an old Arabic proverb, "***A persons worth is measured by 2 organs of his body, his heart and his tongue.***"

Only through your donation and the commitment of the Power of 1000 team can we make the above possible. We would like to enlist your help in spreading the word of Power of 1000 and get people to contact the team to donate and to be a part of this exciting journey as we have several initiatives planned for the future.

Follow all the happenings of 'Power of 1000' on Twitter at [powerofa1000](https://twitter.com/powerofa1000) , Face book www.facebook.com/powerof1000 or Visit our website www.powerof1000.co.za. Join the Whatsapp group to get updates by contacting one of the following numbers 0741011837/ 0815068643.

We welcome feedback so please drop us an email at info@powerof1000.co.za

On behalf of all of us at Power of 1000, thank you again for allowing us the opportunity to participate in this community initiative.

Best wishes and warm regards,



Mohamed Imraan Sayed

Chairman